





Economist

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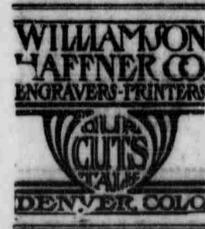
Staple New Mexico Product Will Soon Be Staff of Life; Kaffir Corn Breakfast Food Really Nourishing.

New Mexico's best crops will soon become a part of the nation's menu is prediction made by a writer the Kansas City Star. Although the Kaffir corn breakfast food is yet to be invented, the writer has small doubt that it will come. He says:

To discover something new for human beings to cat—something they will like—means a good deal in a world which has never more than a two weeks supply of food ahead. Decause we live in such a world we worry about our food supply-when this old world will go to bed supper. practically no difference was noticed less some night, as James J. Hill proonesied a few years ago.

But it seems fanciful after all when you recall that the United States grows Kafir corn. For Kafir corn, perhaps you don't know, has been added to the menu of mankind. Not Kafir corn with cream and sugar on

louse roll? Or maybe you would prefer a piece of Kafir corn Boston brown bread. (The names are a bit teclous) And won't you have a Kaf-





A LESCRIPE ON BREAD.

More bread is eater than any other
od, yet, strange to my, less attention
given to the buring of it than anyng else. Use the same discriminaa you do when purchasing meatt the best that money will buy. It
none ton good for you. Our bread,

PIONNER BARREY. 207 South First Street. oughnut. Now a piece of Kattr corn ; onge cake."

Ind you say you didn't believe yo cared for any? Just try them once. You don't know how good they are The Kafir flavor is peculiar, of course, and you may not like it at first. But it's not the least objectionable. You can learn to like it. Many are very

An experiment in cooking Kafir corn foods was conducted recently in the domesti escience department of the Kansas Agricultural college. In most of the many receipts tried the re-sults were highly successful. Some mighty attractive foods were cooked with Kafir corn flour and meal. Some That Kathr corn which is one of of them were: bread, Parker Hous rolls. Hoston brown bread, muffine. Johnny case, baking powder blecuit, griddle cakes, doughnuts, cookies and

gingerbread. White durra flour, blackhuil Kaftr White durra flour, blackhull Kaffr flour, white durra meal and blackhull Kaffr meal were used. The only difference between the two meals, as shown by the results, was the dark rector of the blackhull products. In the case of a white or light mixture, the blackhull variety gave a slightly darker color which made the article little less attractive in appearance. In worry about our food supply—when we have time to stop to think about the came of the sponge caze, where the case of the sponge caze, where the case of the sponge caze, where the farmers, instead of raising more to cat, are moving to town. Maybe

meals. The meal makes a good substitute for cornment, as it can be used in nearly every case that cornment is used. When the meal is used alone, more liquid is required to mix it, and it lacks sufficient gluten to hold it toit, but "diehes" made from Kafir corn fint testing when used by itself, but "Will you have a Kafir corn Parker" when mixed with wheat flour the flavor is pleasant. The wheat flour also supplies the giuten which the Kattr corn lacks. In nearly all cases a mixture of two of Kafir corn flour to one of wheat flour is good and in most cases mixtures of "half and haif" were satisfactory.

Here are a few of the receipts used uccessfully in the experiment, at the

ricultural college: Roston Brown Bread—I cup Kaffr cornineal, I cup graham flour, I cup bread crumbs, I teaspoontal soda, to cup motasses, I cup milk, I ogs. 1-4 teaspoonful sall. Soak the bread crumbs in a very little water. Add moiasses, milk and ogs. Sift the re-maining ingredients together and maining ingredients together and ed gum of a high quality, from close combine mixtures. Steam from two to inspection, but not analysis, gum that

Kafir Corn Muffins-1 % cups flour, I tenspoonfuls baking powder, I ta-blespoonful sugar, I eas, I tablespoon-ful molted butter. Is tenspoonful sait, 3-4 cup milk. Mix and sift dry ingredients, and milk gradually, egg well heaten, and melted butter. Dake in a hot oven in buttered gem pans twenty-five minutes.

Try a Herald Want Ad

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thoroughly competent, and under-stand both English and Spanish per-fectly. Only experienced bookkeepers need apply. Address A. Kempenich, Peralts, N. M. SALESMAN WANTED-Higher class

that of representing a leading nursery company is not to be had. If you are ambitious to better your condition, the opportunity lies before you in en-tering our employ. Salem Nursery company, Salem, Oregon. 11-10-c

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WANTED-GIRL for housework Phone 1134 or call at 1034 N. Sixth WANTED-Middle aged woman permanent house keeper; will ans-

between the two flours or the two | UNI CRIINC MA THE

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is every bit as good as that produced in the southeastern states, from which most of the turpentine new comes. It cannot, however, be produced as chemply as that in the southeast, be-cause of the high cost of transporta-

This is considered a favorable yield, and is believed to have demonstrated conclusively that turpentine gain in paying quantities and of a paying quantity, can be produced from west-transpayed will be seat.

The gum will be sent to the gov-ernment laboratories at Madison, Wis. for analysis and examination.



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tep; in good condition. Apply Dr. R. L. Must, N. T. Armijo build POR SALE-23 heaters; all linds cheap; 114 West Gold Ave. 11-26

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Experiments recently reported upon to the forest service officials here
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southeast are exhausted, or nearly so
that prices are high enough to profit.

ably work the western fields.

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> FOR RENT-Most desirable fooms for Bousekseping in modern home No stek taken. Phone 741.

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FOR SALE

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\$3150.00 - \$4 room new modern bun-galow; corner lot, east front, Fourth ward; only one block front \$4000.00-New

New modern bungslow ward; 6 roome, spienfild lo Part cash, balance 8 per Fourth cation.

\$2000.50 Sin-room, new, modern brick, corner, east front, not water best, coment walks, lawn, two perches.

1200.00 -- Pire-room, well built outthird on fall curtar lot. Cament

block roundation, two porches. 1917 \$4600.80—A twelve-room spartment home, well furnished in good love-tion. Realy feedile and is full poly to new. Income monthly, \$54.00.

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NOTICE FOR PUBLICATION. Department of the Interior. United States Land Office at Santa Fe, N

M. October 24, 1911.

December 1911.

Notice is hereby given that Eliza-beth Smith, widow of Peter A. Smith of Albuquerque, N. M., Box 563, who on December 8, 1905, made homestead No. 87081, for NE 1-4, section 14, towaship 16 N. range, 5 E. mer- 117 West Central idian, has filed notice of intention to make final five year proof, to establish claim to the land above described, be. fore A. S. Walker, Probate Clerk, at Albuquerque, N. M., on the 5th day of

Brown Lippitt, Joseph W. Van Cleave.

Jacob Scuffecke, Atlan C. Bone, all paired. Albuquerque Typewriter Exchange. Phone 395. 261 West Gold. of Albuquerque, N. M. . .

FOR SALE

\$2000—5-room brick, modern. South \$2100-5-room frame, modern 4th

\$4200-4-room bungstow, motern large lot, good outbulldings dhe le-\$1600-4-room frame, bath, lot sex

142, shade and fruit trees, close in. 12000-4-room frame, midern. lawn, chicken yard South South Ht. \$4990-G-room modern bungalow North 12th Street.

\$4806-7-room coment dates modern residence, het water neat; large lot, good outbuildings; close in 82750—6700m, brick, modern, good shade. N. Second at close in MONEY TO LOAN PURP INSURANCE

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No. 4. Cht., Ltd. 8.889 61085 No. 8. Marters. Mr. ... 61699 71289 No. 10. Gverland Hz. .. 8:00a 8:24a Et Paso Trains No. 805 Mer. Et. ... No. 816. El. Pano Pass 13.250

E:200

No. \$10. Ran. City & Chi. 4:65a No. 814. Ean. City & Chi. 4:65p No. sri. Pecos Val. Ex..... No. \$12. Albu. Br. ... 12:249

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